

Genetic Polymorphisms in Apolipoprotein E and Glutathione Peroxidase 1 Genes in the Ecuadorian Population Affected With Alzheimer's Disease

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Abstract: *Introduction:* The main objective of this study is to determine the prevalence of apolipoprotein E (*Apo E*) and glutathione peroxidase 1 (*GPXI*) polymorphisms and their influence on the development of Alzheimer disease (AD) in the Ecuadorian population. *Methods:* The authors performed an analytic transversal case-control study. The study group (n = 39) consisted of patients with AD and dementia. The control group (n = 39) comprised elderly adults who have not been diagnosed with dementia and have the same age and education as the study group. Their inclusion period was from 2007 to 2008. Later on, after obtaining informed consent and after finishing a structural interview; the next step forward was to collect blood and extract DNA by standardized protocols. Besides, the authors performed polymerase chain reaction-restriction fragment length polymorphism technique to determine the genotype of each individual. *Results:* The authors found a positive association between $\epsilon 4$ and $\epsilon 2$ alleles of *Apo E*. The *GPXI* gene shows an association of leu allele, whereas pro allele shows a negative association. The odds ratio test shows no significant relative risk. *Conclusions:* *Apo E* is not a risk factor, nor a protective one for AD, whereas the leu allele of *GPXI* is a possible risk factor for the disease.

Key Indexing Terms: Alzheimer's disease; *Apo E*; *GPXI*; PCR-RFLP. [Am J Med Sci 2010;340(5):373-377.]

Alzheimer disease (AD) is the most common cause of dementia and represents a major public health problem. AD is a progressive, neurodegenerative, irreversible, polygenic and multifactorial disorder characterized by alterations and growing detriment of the cognitive function.¹

The Alzheimer Disease International estimates that 35 million people around the world have the disease while 4.6 million new cases are reported every year.² Its prevalence in the United States is approximately 8% at the age of 65 years and 30% in individuals older than 90 years.³ In Latin America, the prevalence of dementia varies between 2.6% and 6.5% in a population older than 65 years.⁴ In 2005, it was reported that, in Ecuador, there were 170 hospital admissions because of dementia, 42% of which were caused by AD.

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The brains affected by the disorder are known for presenting neuritic plaques and neurofibrillar tangles placed diffusively throughout the cerebral cortex and hippocampus. In addition, the amyloid deposit can be found in arteries, venules or capillaries of the cerebral cortex.⁵ The neuropathologic and biochemical changes found in the disease include the arising production of amyloid protein,⁶ a process that blocks synapses, alters physiology and causes neuronal death.

The precursor amyloid protein is normally divided by α secretase, an enzyme that generates 2 soluble peptides called C83 and amyloid precursor protein (sAPP) α in response to the electric and cholinergic activity. However, if APP is cut by the BACE protease and the Y secretase, it generates the C99 and β amyloid peptides, respectively.⁷ These insoluble deposits along with microglia, astrocytes, dystrophic cells and proteoglycans are known as neuritic plaques, which stop nervous synopsis, alter ionic channels and induce inflammatory response and neuronal death.⁸ The β amyloid can cause mitochondrial oxidative stress, a situation that causes changes in calcium regulation.⁹ leads to reduced production of adenosine triphosphate, alters the electron transport and creates superoxide. The superoxide species are turned into hydrogen peroxide that interacts with nitrous oxide, iron and copper to generate peroxynitrites and free hydroxyl radicals known for affecting homeostases of cell membranes and endoplasmic reticulum membranes by stimulating high calcium inflow that ultimately renders a vulnerable neuron.¹⁰ In the development of AD, there are many genes involved that interact with the environment, regulating the risk of showing signs of the disorder,⁸ such as APP, preseniline-1, preseniline-2 and the apolipoprotein E (*Apo E*) genes.¹¹ One poorly studied gene is the glutathione peroxidase 1 (*GPXI*) 1 gene that is involved in the removal of oxygen reactive species that prevents oxidative stress, a cause for developing the disease.

The *Apo E* gene is located on the 19q13 locus; it is composed of 4 exons, and it presents a common polymorphism in its exon 3, which is characterized by 3 different protein isoforms: $\epsilon 2$, $\epsilon 3$ and $\epsilon 4$ result in the substitution of cysteine residues by arginine in the 112 and 158 codons.¹² The *Apo E* gene translates into a 34-KDa glycoprotein expressed in the liver, brain, kidneys, suprarenal glands, ovaries and placenta.¹² It is released to the plasma where it transports and distributes cholesterol during growth and neuronal regeneration; although in high concentrations, the protein can be toxic and lead to neuronal death.¹³ The *Apo E* $\epsilon 4$ is quickly joined to the β amyloid and facilitates fibrillation toward the formation of neuritic plaque; this is the reason why amyloid deposits are bigger and more numerous in the carriers of the polymorphism.¹³ *Apo E* $\epsilon 4$ has been known as a risk gene in many populations, and it is considered as the most important susceptibility factor for AD development. The risk of devel-

oping the disease is 30% in $\epsilon 4\epsilon 4$ genotype carriers, a risk that increases at the age of 70 years to 45% in men and 25% in women.¹⁴

The *GPXI* gene is located in the 3p21 locus, the pro198leu polymorphism involves a change of thymine (T) for cytosine (C), which leads to the substitution of leucine (leu) for proline (pro), whose recessive allele leu has been linked to 70% reduction of enzyme activity.¹⁵ *GPXI* translated into a 22-KDa tetrameric protein that is expressed in erythrocytes, liver, kidney and brain.^{16,17} This enzyme is the final regulator of the metabolic pathway that degrades oxygen reactive species such as peroxide radicals, limiting its interaction with nitric oxide, copper or iron and, therefore, preventing the formation of cellular oxidants.⁹ The chemical reaction requires reduced glutathione; for this reason, the system has to be intact to guarantee a proper hydroxypoxide detoxification that meets its protective function. Moreover, its activity is strongly linked to apoptosis signals and phosphorylation of protein kinases.¹⁸ In addition, it has been found that reduced values of the *GPXI* enzyme in patients with AD along with high levels of malondialdehyde are indicators of oxidative stress.¹⁹ The purpose of the study is to determine the prevalence of polymorphisms of the *Apo E* and *GPXI* genes and their influence on the development of the AD in individuals from the Ecuadorian population.

MATERIALS AND METHODS

Biological Samples

An analytic, transversal study of case control was performed. Seventy-eight samples of peripheral blood from Ecuadorian individuals were obtained; 39 were diagnosed with AD, and 39 were healthy individuals. The analysis and blood sample collection were realized through an informed consent from intern patients from Sagrado Corazón de Jesús Psychiatric Hospital, from Nuestra Señora de Guadalupe Clinic, from geriatric homes and health centers. The clinical histories from healthy and affected individuals exclude any other disease that may cause cognitive decline.

Genotyping

DNA extraction from peripheral blood samples of affected and healthy individuals was performed using the salting-out technique with proteinase K.²⁰ Low DNA Mass Ladder was used to measure DNA purity and concentration (Invitrogen, Carlsbad, CA), and a spectrophotometry of the samples was used with Spectronic Genesis 2 (Milton Roy, Rochester, NY), obtaining an optimal concentration for polymerase chain reaction (PCR) of 50 ng/ μ L.

Referring to *Apo E* gene, a 244-bp fragment was amplified. Each PCR reaction contained 300 ng of DNA, 200 μ M of deoxynucleotide triphosphates, 10 pmol of primers FW 5'-TCCAAGGAGCTGCAGGCGG-3' and RV 5'-GCTCGCGGATGGCGCTGA-3',²¹ 1.5 mM of $MgCl_2$, 20 mM of PCR buffer 10 \times (200 mM Tris-HCl pH 8.4 and 500 mM KCl), 5U of Taq DNA polymerase, 10% of dimethylsulfoxide and made up to 30 μ L with MilliQ water. The amplification program consisted of 5 minutes of initial denaturation at 95°C, 1 minute of denaturation at 95°C, 1 minute of annealing at 60°C, 2 minutes of elongation at 70°C for 35 cycles and 10 minutes of final elongation at 72°C. About the *GPXI* gene, a 191-bp fragment was amplified. Each PCR reaction was performed using 100 ng of DNA, 200 μ M of deoxynucleotide triphosphates, 10 pmol of primers FW 5'-CTACGCAGGTACAGC-CGCCGCT-3' and RV 5'-AAGGTGTTCTCCCTCG-TAGGT-3',²² 1.5 mM of $MgCl_2$, 20 mM of PCR buffer 10 \times ,

0.5U Taq DNA polymerase and made up to 20 μ L with MilliQ water. Amplification program consisted of 8 minutes of initial denaturation at 94°C, 1 minute of denaturation at 94°C, 1 minute of annealing at 60°C, 1 minute of elongation at 72°C for 36 cycles and 9 minutes of final elongation at 72°C. Amplification of both fragments was realized in an MJ Research PTC 200 thermocycler (MJ-Research Inc., Watertown, MA). Amplicons were confirmed using electrophoresis in agarose gel at 2% and observed using a UV transilluminator.

Genotyping of healthy and affected individuals with AD was realized using PCR-restriction fragment length polymorphism technique. Restriction enzyme *HhaI* (New England Biolabs, Beverly, MA) was used to digest the fragment of the *Apo E* gene. In the same way, another restriction enzyme, *ApaI*, was used to digest the *GPXI* gene. Ten units per microliter of the restriction enzymes were added to 10 μ L of the PCR products, 2 μ L of the digestion buffer (50 mM Tris HCl, pH 7.5, 50 mM KCl, 1 mM ethylenediaminetetraacetic acid, 10 mM 3-mercaptoethanol, 200 μ L/mL bovine serum albumin, 50% glycerol and 0.1% Triton X-100) and made up to 20 μ L with MilliQ water. The mixture was incubated for 3 hours at 37°C. The digested PCR products from *Apo E* with *HhaI* present various fragments according to its genotype ($\epsilon 2 = 91$ bp and 83 bp; $\epsilon 3 = 91$ bp and 48 bp; $\epsilon 4 = 72$ bp and 48 bp); the amplicons of the *GPXI* gene were digested with *ApaI* restriction enzyme, obtaining different fragments according to the genotype of the studied individuals (pro/pro = 191 bp; pro/leu = 191 bp, 117 and 74 bp; leu/leu = 117 and 74 bp). These fragments were confirmed using electrophoresis in agarose gel at 5% and observed with a UV transilluminator.

Statistical Analysis

Obtained information of studied individuals was statistically analyzed using SPSS 11.5 (SPSS, Chicago, IL). Percentages, averages, standard deviation, maximum, minimum and variable bias are used as measurement of descriptive resume. Significant difference was determined between genotype of healthy individuals and control using χ^2 statistic test, a significance level of 0.05 with 2 *df* and Yates correction. If the table present values are lower than 5, Fisher test was used. To determine the relative risk of developing the disease, an odds ratio (OR) test was performed using a 2 \times 2 contingency table.

RESULTS

Descriptive Analysis

The investigation was realized to 78 Ecuadorian individuals. Thirty-nine of them were affected with AD, and 39 were healthy individuals without clinical antecedents of dementia. The considered descriptive variables in this study were sex, age and educational level. The groups, both affected and healthy individuals, were conformed in 69% by women ($n = 27$) and 31% by men ($n = 12$). As for the age, most of the studied individuals were in the range of 75 to 79 years. Referring to the educational level, 46% of the individuals passed primary education, 41% passed secondary education and 12% took superior studies (Table 1).

Genotyping of *Apo E* and *GPXI* Genes

In Table 2, the genotypic and allelic frequencies of the *Apo E* gene are shown. The $\epsilon 2\epsilon 3$ genotype was present in 5.2% of the affected individuals and in 2.6% of the control individuals; the $\epsilon 2\epsilon 4$ genotype was present in 2.6% of the affected individuals. The $\epsilon 3\epsilon 3$ genotype was present with more frequency in control individuals (79.5%) than in affected individuals (61.5%), followed by $\epsilon 3\epsilon 4$ genotype, with 15.4% in

TABLE 1. Descriptive values of the study population

	n (%)	Minimum	Maximum	Average	SD	Bias
Affected (n = 39)						
Gender						
Female	27 (69.2)					
Male	12 (30.8)					
FHMI						
Yes	3 (7.7)					
No	36 (92.3)					
Age (yr)		57	89	78.4	6.8	-0.65
Education (yr)		1	20	8.7	4.2	0.36
Controls (n = 39)						
Gender						
Female	27 (69.2)					
Male	12 (30.8)					
FHMI						
Yes	3 (7.7)					
No	36 (92.3)					
Age (yr)		65	89	77.9	6.5	-0.2
Education (yr)		1	16	7.9	3.9	0.16

SD, standard deviation; FHMI, familiar history of mental illness.

control individuals and 25.6% in affected individuals. The $\epsilon 4\epsilon 4$ variable was found in 2.6% of healthy individuals and in 5.1% of affected individuals. As for the allelic frequencies of *Apo E* gene, $\epsilon 3$ is more common in the affected group with 76.9% and 88.5% in the control group. The $\epsilon 4$ allele was present in 17.94% of affected individuals and in 10.3% of the control group; meanwhile, the $\epsilon 2$ allele is present in 3.8% of the patients and in 1.3% of the control group.

Table 3 shows the genotypic and allelic frequencies of the *GPX1* gene. The 61.5% of the control individuals and 25.6% of the affected individuals present the pro/pro genotype; 35.9% of the cases and 25.6% of the control group present the pro/leu genotype; and 38.5% of the affected individuals and 12.8% of control individuals present the leu/leu genotype. Corresponding allelic frequencies to *GPX1* gene show 56.4%

of affected individuals and 25.6% of healthy individuals for leu allele; 43.6% of the cases and 74.4% of the controls present the pro allele.

DISCUSSION

AD is a health issue that, along with the increase of elderly population, will see an increasing prevalence during upcoming years. In the United States, it is estimated that 5.1 million elderly individuals have the disease, and this number will grow to 5.7 million in the next years.²³

There are many events involved in this pathologic process, which include abnormalities in the β amyloid physiology, oxidative stress, inflammation and neuronal destruction.²⁴ Because of the complexity of the illness, it is necessary to determine the agents that play a role in its development, genetic and environmental events and also the susceptibility of disorder caused by the interaction of the aforementioned factors. Agents such as education and family background have been shown to intervene in the progression of disease.²⁵

TABLE 2. Genotypic and allelic frequencies of *Apo E* gene

	Affected (%)	Health (%)	χ^2 ^a	P	OR (95% CI) ^b
Genotypic frequency					
$\epsilon 2\epsilon 3$	5.2	2.6	0.58	2.58	(0.2–76.8)
$\epsilon 2\epsilon 4$	2.6	0			
$\epsilon 3\epsilon 3$	61.5	79.5			Normal genotype
$\epsilon 3\epsilon 4$	25.6	15.4	1.09	0.29	2.15 (0.6–7.9)
$\epsilon 4\epsilon 4$	5.1	2.6	0.58 ^b	2.58	(0.2–76.8)
Allelic frequency					
$\epsilon 2$	3.8	1.3	0.34 ^b	3.45	(0.31–88.5)
$\epsilon 3$	76.9	88.5			Normal genotype
$\epsilon 4$	17.9	10.3	1.57	0.21	2.01 (0.73–5.9)

^a With Yates correction.

^b Fisher test.

OR, odds ratio.

TABLE 3. Genotypic and allelic frequencies of *GPX-1* gene

	Affected (%)	Healthy (%)	χ^2 yates ^a	P	OR (95% CI) ^b
Genotypic frequency					
Leucine/leucine	38.5	12.8	8.77	0.003	7.2 (1.8–31.1)
Proline/leucine	35.9	25.6	3.73	0.053	3.4 (0.9–11.7)
Proline/proline	25.6	61.5			Normal genotype
Allelic frequency					
Leucine ^c	56.4	25.6	22.8	0.000	5.05 (2.5–10.3)
Proline ^d	43.6	74.4	14.02	0.000	0.27 (0.1–0.6)

^a With Yates correction.

OR, odds ratio.

The first link between *Apo E* $\epsilon 4$ and AD was reported by Corder et al¹¹ and Strittmatter and Roses.²⁶ *Apo E* $\epsilon 4$ is considered as the most important risk factor that has been studied so far, whereas the $\epsilon 2$ allele can be considered as a protective factor.²⁶

The brain demands high quantities of oxygen and is provided by lipids that turn it into a target of reactive species that are product of cellular metabolism. These species interact with DNA, causing mutations, meaning that an adequate function of detoxifying enzymes such as *GPXI* is key to avoid the neurodegeneration and alteration of DNA.²⁷

Both genes directly act in the neurotoxicity process. *Apo E* acts as a direct neuron aggressor when found in high concentrations, and it also regulates toxic amyloid deposits, whereas a mistaken activity of *GPXI* leaves the neuron vulnerable and prone to apoptosis.²⁸

This study was performed with 78 individuals divided into 2 groups, healthy and affected, who came from different provinces of the country. Both groups were homogenous in variables, such as gender, age and education.

This is the first study that investigates AD-associated genotypes in Ecuador. The first genotype $\epsilon 3\epsilon 3$ was the most frequent in both groups and follows a normal distribution.²⁹ Meanwhile, the $\epsilon 2\epsilon 2$ genotype is not present in any individual of the study, a result that goes along with the findings in American indigenous and mixed-race populations where the genotype has also been absent.³⁰

The distribution of the $\epsilon 3$ allele is similar to those reported in Caucasian population and Hispanic population of Colombia and Brazil, with allelic frequencies of 71% to 78% in affected cases and 85% in controls.^{31,32}

The frequencies of the $\epsilon 4$ allele are the lowest reported in Latin America and Caucasian-Nordic populations where its incidence is of 44% in affected group and 17% in controls.³³ Moreover, a similar study in Spanish population reveals frequencies of 19% to 42% in affected group and 10% in controls.²¹ This very own allele presents high frequencies in affected Afro-American (33%–51%) and 17% in controls. In addition, the Asian population reports 29% to 40% frequencies in affected individuals and 10% in controls.³⁴ These findings may be because of the Amerindian contribution in the Ecuadorian population.

In the analysis of the *Apo E* $\epsilon 4$ allele, there is a noticeable difference between the affected and control groups even though there is no significant difference. Many investigations performed in populations from around the world have shown that people with AD present high frequencies of the $\epsilon 4$ allele in the *Apo E* gene. It is very likely that the no significant difference related to the presence of the *Apo E* $\epsilon 4$ allele in the Ecuadorian population is because of the limited sample number processed and analyzed.

The risk of developing AD is of 2.58 times more according to the $\epsilon 4\epsilon 4$ genotype, and 2.01 times more for the $\epsilon 4$ allele and 2.29 times in presence of the $\epsilon 4$ allele. These findings are similar to those from other populations classified and analyzed as Caucasian, Hispanic, African and Spanish.^{11,35}

The $\epsilon 2$ allele is present in individuals with $\epsilon 2\epsilon 3$ genotype. The OR indicates that, by not being a modulation of the disease, it is not linked to this allele.

As far as the genotypes found in the *GPXI* gene, there was a statistical significant difference and a link between the presence of the leu allele and the population with AD. The leu/leu and pro/leu genotypes provide a relative risk of 7.2 and 3.4, respectively. Regardless of the significant values obtained

in the χ^2 test, the OR test showed values whose confidence intervals are not enough to establish a relative risk between the presence of the leu allele and the development of AD. One of the reasons for these results might be the limited number of affected and control individuals who were analyzed. The pro allele presented a significant OR of 0.27, meaning that it is a protective factor for the disease.

Each genotype modulates the function, metabolism and enzyme action of *GPX*. Therefore, the leu/leu genotype has shown to decrease enzyme activity by 70%,¹⁵ limits the detoxifying ability that favors early neuronal death and intervenes in the development of AD. It is important to mention that the data obtained in this research comprise a starting point for future investigation in the fields of enzymatic activity and genetic expression of both the *GPXI* and *Apo E* genes. As far as the *GPXI* gene goes, it is important to correlate the *GPX* levels of enzymatic activity of the individuals with leu/leu genotype and those of the individuals with other genotypes, thereby determining the influence of the polymorphic variants with regard to the overexpression or reduced enzyme activity in the Ecuadorian population.

The geographic and ethnic heterogeneity in Ecuador has been further proved by the findings of molecular epidemiology and polymorphic incidence of the *FQ*, *BCR-ABL*, *hMSH2* and *CYP1A1* genes.^{36–38}

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